



## BLESSING BAGS

### Necessities

- \_ Gallon Size Ziploc Bag
- \_ Hand-Warmers
- \_ Bag of Quarters
- \_ Bottles of Water
- \_ Band-Aids
- \_ Baby Wipes
- \_ Hand Sanitizer
- \_ Wash Cloth
- \_ First Aid Kit (travel size)

### Toiletries

- \_ Toothbrush
- \_ Toothpaste
- \_ Floss
- \_ Soap
- \_ Deodorant
- \_ Shampoo
- \_ Comb
- \_ Personal Hygiene Items
- \_ Chapstick
- \_ Tissues

### Personal Items

- \_ Socks
- \_ Underwear
- \_ Gloves/Scarfs
- \_ Blankets

### Non-Perishable Foods

- \_ Instant Oatmeal Packs
- \_ Granola Bars
- \_ Energy Bars
- \_ Tuna/Cracker Packs
- \_ Trail Mix
- \_ Raisins
- \_ Peanuts
- \_ Fruit/Applesauce
- \_ Gum/Hard Candy
- \_ Hot Cocoa
- \_ On-The-Go Coffee Mixes
- \_ Tea Packets
- \_ Beef Jerky Sticks

### Extras

- \_ Notes of Encouragement
- \_ List of Local Resources
- \_ Grocery Store Gift Card